

CONTRAINDICATIONS

A Contraindication is when colon hydrotherapy should NOT be considered.

People with certain medical conditions should NOT undergo colon hydrotherapy unless given written approval by their doctor.

These conditions include the following:

ABDOMINAL HERNIA

When you have been diagnosed with abdominal hernia or have had surgery for an abdominal hernia within 3 months.

ABDOMINAL SURGERY

After recent abdominal surgery. A minimum of 12 weeks should pass after surgery. Examples: Cesarean, Appendix, Hysterectomy, Hernia operation

Rectal surgery: Hemorrhoidectomy, Cancer of the Colon

ABNORMAL DISTENSION/MASSES

If you have been diagnosed with an abnormal colon.

ACUTE LIVER FAILURE

If you have been diagnosed with acute liver failure. Doing the colonic would put stress on the liver.

ANEMIA

If you have been diagnosed with severe anemia. This condition weakens an individual. The colonic would put stress on an already weakend system.

ANEURYSM

Absolutely no colonic

CARCINOMA

Carcinoma of the colon, kidney or bladder (walls are weakend). In other areas of the body it would be ok.

CARDIAC CONDITION

If you have had cardiac surgery or have been diagnosed with a heart condition such as uncontrolled hypertension or congestive heart failure.

CHROHN'S DISEASE

An inflammatory disease of the intestines that may affect any part of the gastrointestinal tract from anus to mouth.

COLITIS

Inflammation of the lining of the colon.

DIALYSIS PATIENTS

A colonic would put a lot of stress on the kidneys.

DIVERTICULITIS

A condition where small pouches (diverticuli) are inflamed.

FISSURES/FISTULAS

An anal fissure is a tear in the skin of the anal canal. An anal fistula is an inflammatory tract between the anal canal and skin. A colonic would put pressure on this area.

HEMORRHAGING

Bright red discharge of blood from the anal canal.

HEMORRHOIDECTOMY

Operation to remove hemorrhoids. No treatment within 3 months.

INTESTINAL PERFORATION

If you have previously been diagnosed to have intestinal perforation. Symptoms include severe stomach pain, vomiting, nausea and fever.

LUPUS

A chronic inflammatory disease that can affect many of the body's organs.

PREGNANCY

RENAL INSUFFICIENCIES (kidney failure)

Colonics are not recommended as they put too much pressure on the kidneys.

HIV or AIDS

EPILEPSY/SEIZURES

ABORTION OR MISCARRIAGE

You need to wait at least 6 months after an abortion and 4 months after a miscarriage.

SEVERE OBESITY

This hinders the ability to self-insert the rectal tube.

VOMITING AT PRESENT TIME

STRONG ABDOMINAL PAIN

MEDICATION CONCERNS

If a doctor has ever diagnosed you with any intestinal conditions, or if you have been on any medications which may weaken your intestinal walls (such as steroid drugs), you should obtain a doctor's release. If you are currently taking any medication for any condition diagnosed by a doctor you should check to ensure the medication will not be interfered with by the additional water intake and absorption.